



Mastering Effectiveness 2014

*(a six-month journey in mastering
the art of living your most effective life)*



How many times have you resolved to:

- *be better at planning your days,*
- *dive right into certain projects, or*
- *not let interruptions and distractions foil your day*

...only to wind up at the end of a very long day, asking where the time went and how you're going to find "more time" to do tomorrow what you didn't get done today, when you know that tomorrow is overscheduled already?

You've tried different time management techniques – they worked for a while but in the end there's still too much to do and not enough time to do it all.



Guided by the principles in our highly-acclaimed books and workshops *"More Time for You – A Powerful System to Organize Your Work and Get Things Done"*, **you will discover what is in the way of you living a powerful, focused and fulfilling life.**

You will learn that the key to being effective is not about managing your time better, but about being clear what is most important, and then setting yourself up with a structure that allows you to continually choose to work on and complete your highest priorities.

It's not about time management.



It's about choice management.



This program is designed for individuals who desire to:

- address the recurring roadblocks that limit their personal and professional effectiveness and satisfaction
- increase their capacity to produce results, while reducing their stress
- create *their* life rather than being run by others priorities
- contribute more powerfully to their family, community and workplace
- increase their impact and personal power

The program is limited to 8 participants who will interact every week. You will be supported and guided over the six months as you engage in discussions, experience insights and take on new practices. The program is designed for your success – due to the small size of the group, the consistency of interactions and the duration of the program. Failure is not an option. You truly can't hide.



Mastering Effectiveness Program Logistics

6-month program running from April, 2014 through October, 2014.

Maximum number of participants: 8

Consists of:

- Monthly individual coaching session with Rosemary
- Meet as a group bi-weekly over the phone/internet
- Weekly homework
- Weekly accountability “buddy call”
- Two 1-day in-person sessions: First day-long session, “More Time for You” scheduled first month of the program and second day-long session “Living a Life of Accomplishment”, scheduled during the last month of the program. (The dates and times will be set by the group to meet everyone’s schedules).

The weekly “buddy accountability calls” and the monthly individual coaching sessions with Rosemary will be set to meet each other’s scheduling needs.

Tuition: \$6,000 for the complete program.

To register or inquire further, call or email Rosemary. Here is a link to her [bio](#). If you want to speak with previous participants, let us know and they will be pleased to schedule a call with you. Previous participants often maintain close friendships well after their program completes.

Contact: Rosemary for more information

Phone: (603) 591 – 4832

Email: rosemary@2beffective.com

Website: <http://www.2beffective.com>